



72 Harrell Street • Morrisville, Vermont 05661
www.lamoille.org
Where people and possibilities come together.



A half century ago, Lamoille County Mental Health opened its doors to serve the community. Like you, we know that our neighbors have good days and bad days, ups and downs. It is our commitment that when our neighbors need help, we will be there to reach out a hand.

Our capital campaign is underway! Your partnership in service to your neighbors will make all the difference. Please donate at www.lamoille.org.

In the 50 years that we have been in service, the way we respond to the needs of our county has drastically changed. Much of our work happens right in the communities where our consumers live—in their homes, in their schools, in their child care programs, in their jobs. We know that the best path to health and wellness is the one that ensures a full, meaningful life. A steady job, success in school, strong relationships and good friends, good nutrition and healthy exercise, feeling the sun on our faces and clean, fresh air in our lungs.

Every day at Lamoille County Mental Health, we are taking steps to ensure that no one in our community falls through the cracks. We provide the safety net that so many Vermonters need at some point in their lives. In a state such as this, **no one should go hungry**, which is why we have a food shelf that on any given week is stocked with fresh fruits, vegetables, dairy, meats, and non-perishable items.

If someone is struggling with the confidence they need to get back to work, we bridge that gap, empowering them find and keep a job. We help them with every step where they need a guiding hand, and when they are ready to take the next step alone, we step back—but not away.



When someone is struggling with homelessness, we fight fiercely to find housing for them. When transportation is a barrier to work, our supported employment dispatch team ensures that they can get there. **We combat isolation** by bringing people together for music and yoga classes, lunch and support groups. After a few athletes in our community expressed interest in creating a Special Olympics swim team this fall, we found a head coach and **we are scouring the community for assistant coaches and swim partners to accompany athletes in the pool, as well as a sponsor to cover the cost of using the pool at Johnson State College—please call us if you are interested!**

As you consider your year-end gifts and donations, please reflect on the work that we do for our most fragile citizens—from our youngest children to our community's elders. **No one is ever turned away from our doors.** You can choose whether you would like to donate to our 2018 capital campaign or if you would rather donate to a particular program that is doing work that you admire.

Thank you so much for your consideration!

Savi Van Sluytman
CEO, Lamoille County Mental Health Services

Our 2018 Capital Campaign Goals are to:

★ **Build an Imagination Center** to benefit children with autism, behavioral and learning disabilities, as well as elders with dementia.



★ **Fund the Tiny House Project.** Build four independent living “tiny houses” for people with developmental disabilities on the Oasis House property.



★ Provide matching funds to **support the creation of affordable housing for people at risk of homelessness** in community centers where it does not currently exist.



“The day I came here was one of the worst days of my life. I said ‘I can’t do this anymore. I can’t do this alone. Please help me...’ I thank you so much for having these services. They grew in all these tentacles... it was wonderful.”

--Adoptive Mother, Hardwick

Bright Spots at LCMHS

Our Supported Employment program has some of the highest employment numbers in the state. Of the 50 individuals enrolled in the program, 44 are currently employed.

Last year, consumer paychecks resulting from our work in Supported Employment led to state savings in SSI benefits of \$81,623.

Our collaboration with other community partners leads to better care, improved outcomes and less waste.

Global Campus is a peer-led program that helps folks gain confidence through enhanced public speaking, developing skills & in developing new relationships.

Student’s teams are becoming more integrated as our staff is helping schools to realize the benefits of a collaborative, comprehensive, whole health, whole child approach.

Valley Applied Behavior Analysis is a comprehensive program focusing on skills development, early intervention, communication and social skills. The program works with individuals diagnosed on the autism spectrum between 18 months and 22 years old.